

How to Improve Indoor Air Quality

Particulates

- Schedule a duct cleaning
- Upgrade your furnace filter
- Use range exhaust fan when cooking

Chemicals

- Minimize sources such as air fresheners, candles, personal care products, cleaning products
- Install PCO UV light
- Use exhaust fans when cooking

Carbon Dioxide

- Ventilate your home naturally
- Install a whole house ventilation system if simple methods such as opening windows don't improve air quality enough.

Carbon Monoxide

- Schedule a maintenance for your HVAC system
- Upgrade your furnace filter
- Use range exhaust fan when cooking

